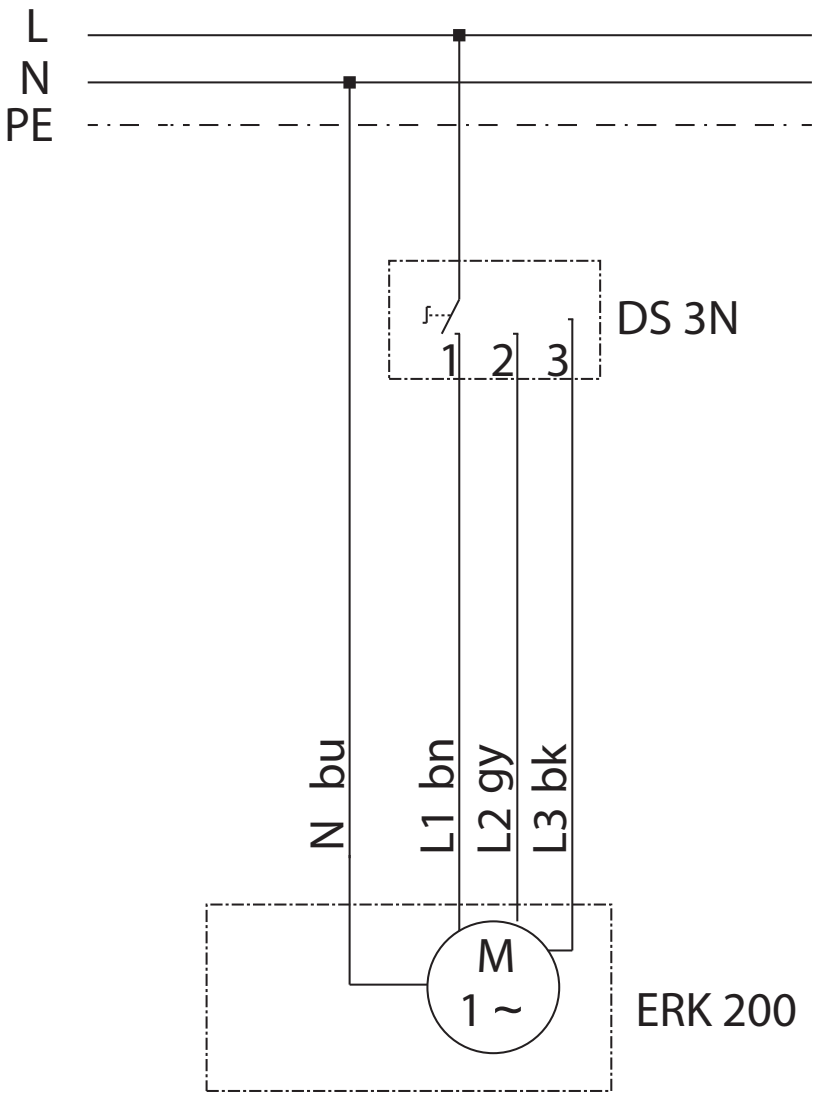ERK 200